

## meridian fusion massage

Our meridian fusion massage is a customizable massage that is made for you. Prior to starting, you will discuss and create a massage plan with one of our highly trained massage therapists. Everyone is different and we're prepared to address your unique needs.

30min - \$49

1hr - \$74

90min - \$99

meridian bliss 2hr - \$120

## land & sea massage

Taking inspiration from our surroundings, we've invented an experience that truly defines Southern California. From the land, heated bamboo is used to roll and knead the body. From the sea, naturally heated tiger clamshells are used to loosen tension areas.

1hr - \$105

90min - \$125

## deep heat therapy

Heated herbal packs are placed on top of the body, followed by a therapeutic deep tissue massage. The deep penetrating heat is most commonly used for rehabilitation purposes. The therapeutic effects of heat will decrease joint stiffness, relieve pain, calm muscle spasms, reduce inflammation, and increase blood flow.

1hr - \$105

90min - \$125

## hot stone massage

Hot stone massage promotes muscle relaxation through the placement of heated stones on the body. The stones are also used as massage tools to ease tension areas and muscle stiffness. Studies show that this is massage reduces anxiety, promotes relaxation, soothe muscle tension and pain.

90min - \$125

## couples massages

Meridian day spa features two couples massage rooms. If you would like to share a relaxing experience with your significant other or best friend, please inquire with the receptionist. Couples massage rooms are available on a first come first serve basis.

## meridian facial fusion

Dead skin clogs pores and gives the skin an aged look. Combined with sun exposure, environment and stress, your skin needs help restoring its youthful glow. Using specialized products made for your skin type, our expert estheticians can help bring life back to your face.

30min - \$52

1hr - \$84

\*30min facial will not include extractions or mask

## microdermabrasion

A noninvasive, skin resurfacing procedure that gently polishes away dead skin, while stimulating collagen growth. Microdermabrasion results are immediately visible after the first treatment, making way for smooth, softer skin and a refreshed complexion.

75min - \$99

## ultra-detox chemical peel

Hybrid formula of glycolic and lactic acids, along with multiple exfoliating fruit acids works on a microscopic level to remove dead skin cells. This advanced peel technology will immediately tighten the skin, unclog pores, improve lines, and leave the skin with a younger, velvety-smooth texture.

90min - \$120

## acne clearing facial

When a professional facial for acne is combined with the proper at-home skin care routine, it works together to treat and prevent acne. This is crucial if you have acne prone skin type. Our licensed esthetician will know how to properly prep your skin for extractions without causing irritation, damage or further breakouts.

face 1hr - \$94

back 90min - \$120

## de-aging collagen facial

This de-aging collagen mask uses an ingenious fusion of collagen-supporting amino acids and moisture-builders to rehabilitate aging, lined and exhausted skin.

1hr - \$94

## meridian lash extensions

Eyelash extensions are individually applied to a single eyelash by a trained and certified lash stylist. This specialized technique results in a gorgeous natural appearance. Follow up with a refill to extend the life of your lashes.

natural - \$88

dramatic - \$95

silk 3D, 4D or 5D - \$110

refills: 30min - \$35

1hr - \$55

## orange vanilla sugar scrub

Your body needs exfoliating just as much as your face. Without exfoliation, you can end up with clogged pores, which block moisture from getting into the deeper layers. Our orange vanilla sugar scrub will help your inner beauty come out.

30min - \$75

## pink salt & lavender scrub

Did you know that Himalayan pink salt is loaded with 84 different beneficial minerals? It is known to detoxify the body, balance hormones, and when mixed with water it releases ionic energy. We combine himalayan pink salt with the soothing effects of lavender and the moisturizing benefits of coconut oil.

30min - \$75

## orange vanilla mineral bath

Our female spa facilities feature three semi-private claw foot bath tubs. You will have everything you need to pamper yourself in a luxurious bath, including our orange vanilla mineral bath bomb. The minerals in the bath bomb will help flush out impurities and soothe your sore muscles.

30min - \$15 + facility charge

## coconut scalp treatment

Pure coconut oil, applied to the scalp will improve the overall health of your head by stimulating blood circulation while supporting hair growth. The treatment is applied warmly onto your scalp and hair, and gently massaged in.

15min add on - \$25

\*Can be added to any service excluding bath soaks

## day of beauty package

90min hot stone massage + 1hr meridian fusion facial + 30min orange vanilla mineral bath + 30min orange vanilla sugar scrub

3hr30min - \$270

## head to toe package

2hr meridian bliss massage + 1hr meridian facial fusion

3hr - \$184

## fountain of youth package

1hr land & sea massage + 1hr de-aging collagen facial + 30min pink salt & lavender scrub

2hr30min - \$245

## express package

30min meridian fusion massage + 30min meridian facial fusion + 30min meridian signature body scrub

90min - \$159

## spa entry

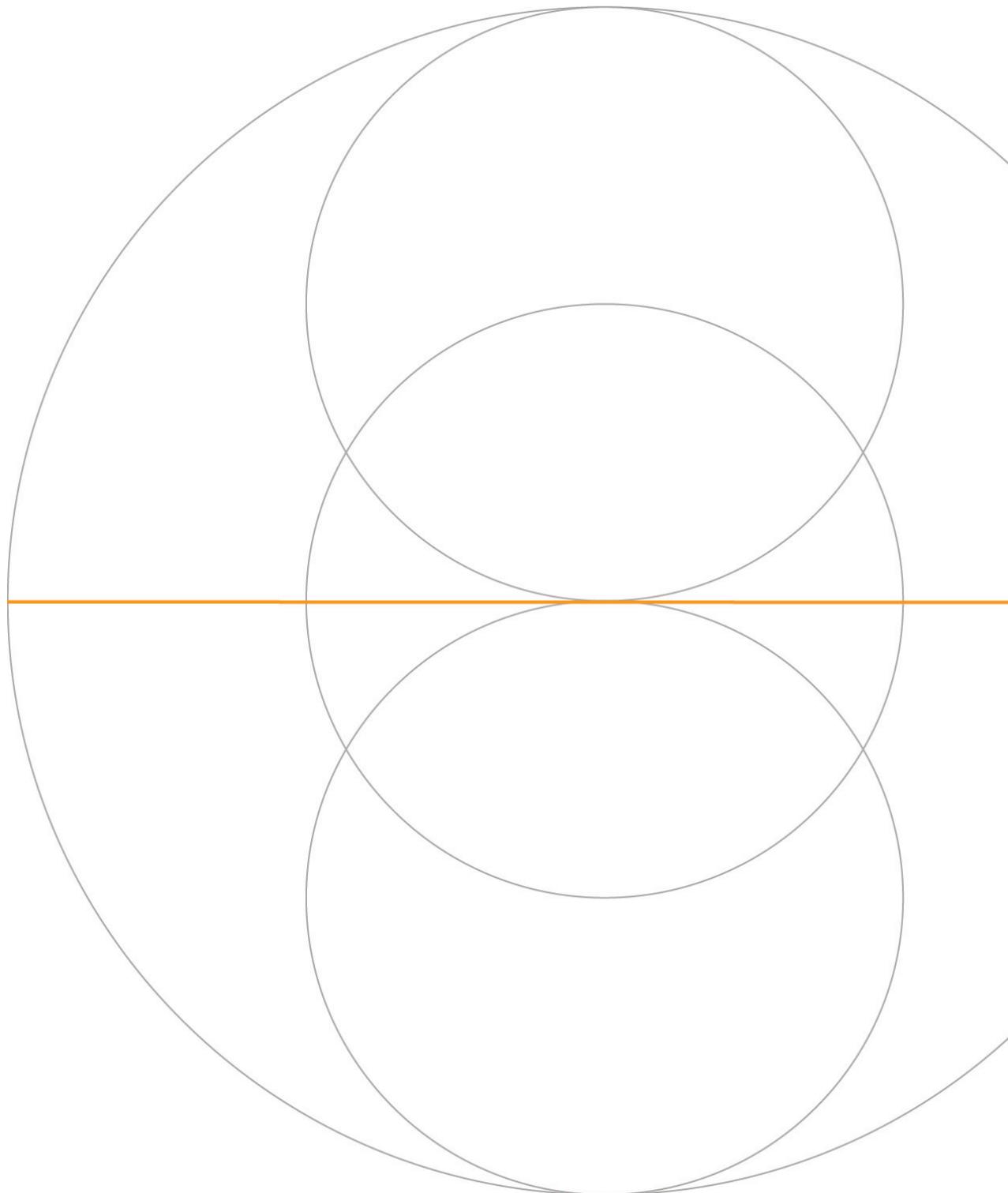
Meridian Day Spa offers a beautiful 8,000 square foot spa facility for your enjoyment. Access to the spa facility without treatment is also available. Our facilities include showers, saunas, steam rooms, jacuzzis, lounges and theater rooms. In and out privileges is prohibited. Please ask about private parties.

5hrs - \$25

full day - \$35

## weekend cosmo services

Cosmotology services are offered on the weekends. The cosmetologist can also be available during the week with advanced notice. Services include haircuts, hair coloring, blowouts, hair styling, manicures, pedicures, and polish changes. Prices vary. Please inquire with the receptionist.



## contact

Meridian Day Spa at the Commerce Casino  
6121 E. Telegraph Rd. Suite 200  
Commerce, CA 90040  
(323) 832-9000  
www.meridiandayspa.com  
Online booking requests available.

## directions

From Downtown Los Angeles:  
Take the 10 freeway east to highway 5 south. Exit Washington Blvd. Make left onto Washinton Blvd. Make first left onto Telegraph Rd. Commerce Casino parking will be on the right.

From Anaheim:  
Take highway 5 north. Exit Washington Blvd. Head straight from the exit into the Commerce Casino Parking Lot.

Once inside the Commerce Casino, Meridian Day Spa is located on the second floor of the Crowne Plaza Hotel.

## hours of operation

10am to 11pm  
7 days a week.  
Adjusted hours for major holidays.  
Walk-ins are welcome. Appointments recommended.

## how to spa

Please arrive thirty minutes prior to your scheduled appointment for check-in and to enjoy the spa facilities. If you find yourself running late, we will do your best to accomodate you, but unfortunately we will have to shorten your treatment time if there is another guest after you.

We require a major credit card to guarantee all reservations. If you need to change or cancel your appoinment and to avoid any charges to the credit card, please contact the spa within 24 hours of your scheduled appointment.

Guests are required to be 18 years of age, or older. We supply lockers, bath robes, slippers and towels for your convenience. Meridian Day Spa is not responsible for items left in lockers.

